



## GOOD + BETTER + BEST

### How to Make More Money as a Yoga Teacher during this quarantine period

Here is a quick checklist of ideas for building your business during this crazy time. Begin by considering what you *need*. Do you need fast cash? Or can you use this time to build your brand so you can launch when we get to the other side? Or would you like to use this time to build more of a financial footing underneath you? These ideas can do all three.

If you want more info on any of the ideas, including resources (and why I rate them as “Good, Better and Best”), go ahead and grab my ebook, which is FREE for a short period of time.

**You can get it here:** [LauraErdmanLuntz.com/MakeMoreMoneyBook](http://LauraErdmanLuntz.com/MakeMoreMoneyBook)

### *Good:*

- **Find a niche:** While we aren't teaching in person right now, you can use this time to learn something new and possibly begin teaching it online.
- **Teach online:** Grab a Zoom account and GO!

### *Better:*

- **Write an Ebook:** You won't make much off of it, unless you have a viral idea (which you could!) BUT it will keep paying you after this time is over, creating another stream of income AND it can get your name out there!
- **Videos:** Have a video series you want to produce? Your phone is truly a good enough camera these days - go!

- **Write a Book:** If you have the extra time! With ebooks as an option, it's easier to publish nowadays than ever!
- **Newsletter Campaign:** With a series of information people will pay for. What is your specialty?
- **Products:** Do you have a product you want to create to sell? There are drop ship companies you can use to make it super easy. (I have suggestions in the ebook.)
- **Affiliates:** Get a small percentage of purchases made via your suggestions. Depending on how big your following is, this can be quite lucrative. Start easy with Amazon. I earn enough for book purchases each month.

## *Best:*

- **Find a network Marketing company:** Seriously, don't mess around. The best idea, times a million. Take it from someone who KNOWS! Just be sure to find a company you can respect with a generous compensation plan, a product you believe in AND a team who will be a business partner for you. (Not necessarily your best friend or sister.)

## *Get Your Name Out There:*

These ideas won't make you money, but if you don't need the income, you can use the time to create something that gets your name out there more.

- **Podcasts:** While it may seem like everyone has one, YOU don't! And you have something unique to say.
- **Write Articles:** While some places still pay for articles, it does take a bit of work to find them and get yourself published. Better to write a free article and start getting your name out there so when we pass this horrible time, you can take off!

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**The network marketing company I joined is Young Living.**

**Want more info?**

**Power of Network Marketing (Start here if you are hesitant around NM. It should answer your questions.):** [LauraErdmanLuntz.com/MakeMoreMoney](http://LauraErdmanLuntz.com/MakeMoreMoney)

**For YTs: Young Living for Yoga Teachers: Teaching with Oils + Business:**  
<https://www.SimpleSerendipityCircle.com/Yoga>

**Want to join my Young Living community?** [TinyUrl.com/YLMuseLaura](http://TinyUrl.com/YLMuseLaura)  
(Contact me directly if you have questions! I will personally help you!)

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**Yoga + Essential Oils:**

**Yoga + Essential Oils FB Group:** <https://www.facebook.com/groups/YogaEOGroup>

**Instagram:** [https://www.instagram.com/yoga\\_essentialoils](https://www.instagram.com/yoga_essentialoils)

**Life Coaching Inspirations:**

**Podcast: Inspirational Life Coaching with MuseLaura:** <https://anchor.fm/muselaura>

**Ignite Your Life with MuseLaura FB Group:**

<https://www.facebook.com/groups/muselaura>

**Instagram:** <http://www.instagram.com/muselaura>

LauraErdmanLuntz.com  
It's time to experience more joy!