



LAURA ERDMAN-LUNTZ

## 5 FAVORITE MANIFESTING OILS Life Coaching + Yoga + Essential Oils

### *Essential Oil#1: Highest Potential (HP, as I call it):*

Anyone working on manifesting should use this oil! Period. Whenever you are working on creating anything, it is always about getting closer to your highest potential. This oil is a potent life changer and brings you closer to your heart. I have now three times committed to using it daily for 30 days — each time my life changed and moved more toward my authentic life. Awesome.

### *Essential Oil#2: Believe:*

Our beliefs can literally be tagged on our DNA. Yep, that embedded. We need essential oils to help us shift our DNA in a powerful way. This oil is my go to. I add this one (and HP) to any manifesting blend I have because no matter what I am working on, it is about shifting my beliefs to be believe more in my dreams and me! (Plus, the aroma is divine. Use it alone as a fabulous perfume!)

### *Essential Oil#3: Awaken:*

Ready to awaken your heart to more and better? Yeah, me, too!

### *Essential Oil#4: Into the Future:*

You know how you want something to change? And you can see it different in the future but, if you are being honest, chances are you still think today will be like yesterday and tomorrow will be like today. BUT, if you are ever to change your future, there will have to be a day that is different from yesterday, right? This oil blend will help you open up to that possibility.

[www.LauraErdmanLuntz.com](http://www.LauraErdmanLuntz.com)  
Bring on our dreams!

## *Essential Oil #5: Abundance:*

This oil blend is specifically designed to help you get in resonance with the abundance you want to attract into our lives - in whatever area of your life you want it to come!

## *Bonus Oil #1: Orange:*

Yep, really. Orange oil. Orange oil has the capacity to bring us back to our child-like mentality - before our limiting beliefs maybe took hold. Simple and powerful.

## **Ready for more?**

Life Coaching + Yoga + Essential Oils

Be sure to find me:

Blog: [www.LauraErdmanLuntz.com](http://www.LauraErdmanLuntz.com)

Facebook: [facebook.com/groups/MuseLaura](https://www.facebook.com/groups/MuseLaura)

Podcast: <http://tinyurl.com/IgniteLife>

Instagram: @MuseLaura

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Note: I only trust Young Living essential oils for my family. Feel free to ask me why.

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