

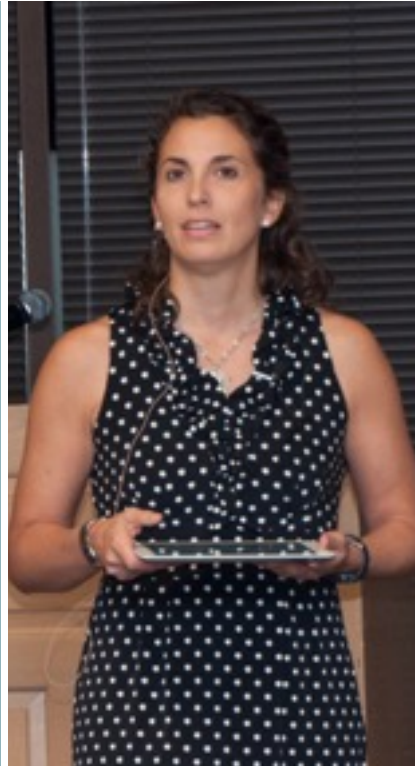
"I have received so many wonderful comments and compliments on you and your talk!! Thanks again for the wonderful hour of teaching, inspiration and fun you provided."

~ Jackie Aldritt, Midwest Medical Insurance Company

## INSPIRATIONAL SPEAKING WITH Laura Erdman-Luntz

### ABOUT LAURA ERDMAN-LUNTZ MA, E-RYT(500)

Experienced Yoga Educator, inspiring Life Coach, Author and Business Entrepreneur, Laura Erdman-Luntz has over 20 years experience in the fitness and wellness industries. She uniquely blends her Life Coaching knowledge and vast experience with Yoga to create programs, classes and workshops that truly do bring mind and body together for positive change, inspiring people to live their most authentic life. She incorporates New Thought ideas into classes and programs on positive living, manifesting and changing subconscious beliefs. She has authored three books: *Awaken to Joy*, *An Inspirational Year*, and, recently, *Yoga Essentials: Musélan's Guide to Yoga Poses*.



### CONTACT LAURA

Laura@Muselan.com  
612.399.6428

We were so thrilled with the comments about Achieving a Healthy Balance. You got BAVE reviews and the committee was just elated!!  
~ Kris James, event planner



It is time to live your Extraordinary Life: that life that is deeply fulfilling, full of purpose and vibrantly joyful for you.

Laura was a speaker for our annual women's event. She was absolutely wonderful to work with. Her messages are inspiring, thought provoking and insightful. They revealed what a deeply caring person she is. Her commitment to making our event a success was outstanding.

~ Jan Held, Ridgeview Foundation Business & Event Coordinator

## FIND OUT MORE ABOUT LAURA:

### Website and Blog:

[MuseLaura.com](http://MuseLaura.com)

### Ignite Your Life Radio:

[BlogTalkRadio.com/MuseLaura](http://BlogTalkRadio.com/MuseLaura)

### Facebook:

[Facebook.com/LauraErdmanLuntz](http://Facebook.com/LauraErdmanLuntz)

### Twitter:

[Twitter.com/MuseLaura](http://Twitter.com/MuseLaura)

### LinkedIn:

[LinkedIn.com/In/MuseLaura](http://LinkedIn.com/In/MuseLaura)

### Contact:

[Laura@Muselan.com](mailto:Laura@Muselan.com)

612.399.6428



## PRESENTATIONS BY LAURA:

Ready to live your Extraordinary Life? Let Laura inspire you to your own unique greatness. She speaks on several topics related to living up to your full capabilities, creating a life you dream of living, and awakening to the joy within you.

Laura's presentations are known to be down-to-earth and practical. She shares the "whys" of every step so people understand the point. Participants leave not only with new ideas, but also a strategic plan for moving their lives forward.

Laura's talks can be tweaked to fit the specific needs of your group.

"Thank you so much for sharing your light with us this evening. Your presence and words reinforced why I asked you to speak for us because you are an inspiration - a true muse. Thank you so much for the gift of you!" ~ Gayle Quedens, International Association of Administrative Professionals, South Suburban Chapter